

4 *Truths and a Lie:*

A few must knows for Choosing Your Own Adventure

Kelly Lewis

Principal, The Bounce Collective

Executive Leadership Coach



STORY



A

E

E

M



I CAN'T _____, because...

A

F

E

M



I CAN'T _____, because...

- This is who I am



I CAN'T _____, because...

- This is who I am
- Have you met my parents? Its destiny



I CAN'T _____, because...

- This is who I am
- Have you met my parents? Its destiny
- My boss/friends/parents/partner won't like it



I CAN'T _____, because...

- This is who I am
- Have you met my parents? Its destiny
- My boss/friends/parents/partner won't like it
- I might fail



A

E

E

M



I CAN'T _____, because...

- This is who I am
- Have you met my parents? Its destiny
- My boss/friends/parents/partner won't like it
- I might fail



**Everyone can, if they so
desire**



**Everyone can, if they so
desire**



Single Loop Learning – What we

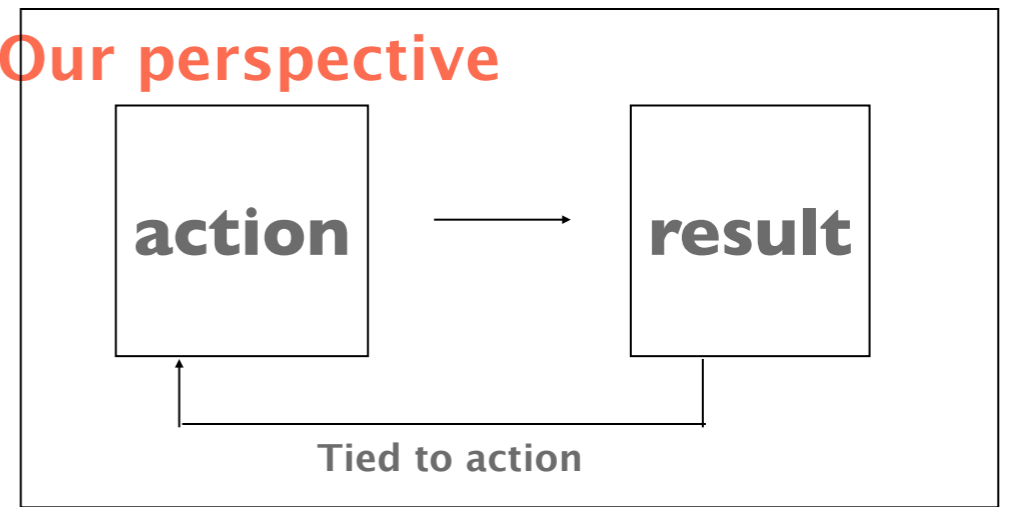
do

- Results tie back to action
- Shift action to change result

+



Our perspective

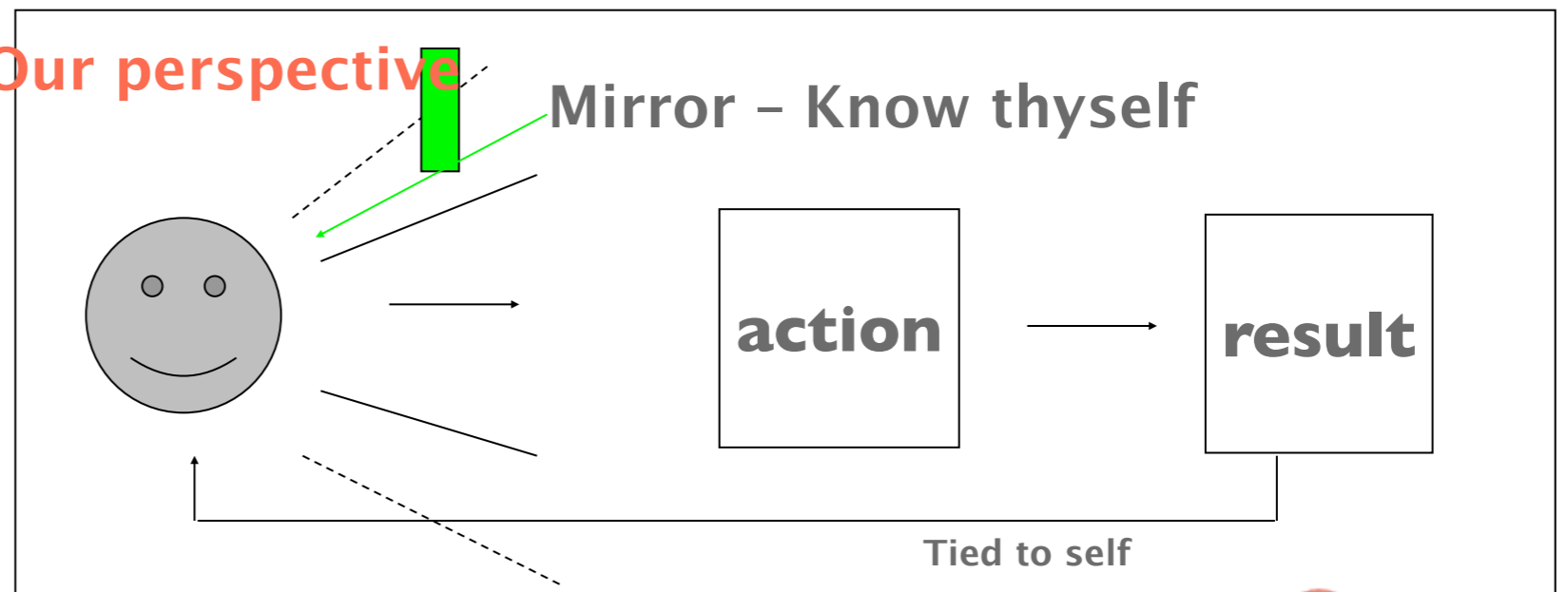


Double Loop Learning – Who we Be

- Results tie back to self
- Expand understanding of self and other and question underlying assumption to change results

Our perspective

Mirror – Know thyself



Imagine

TRUTH #2



Imagine

IQ

Technical Skills

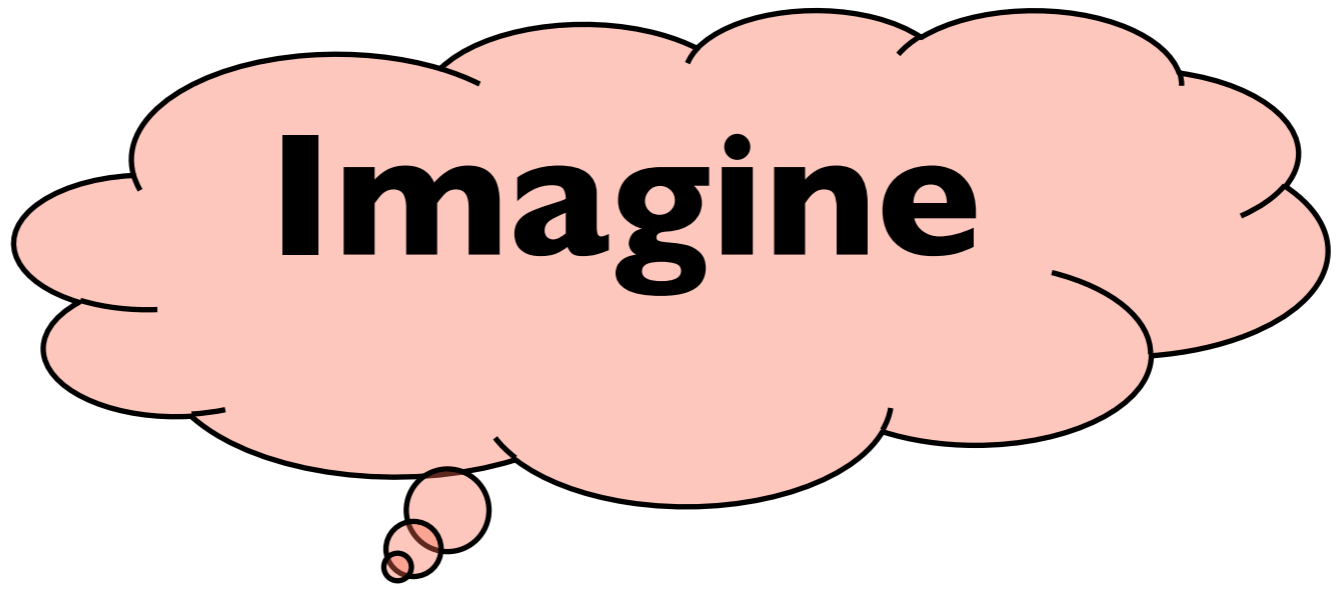
EQ

TRUTH #2





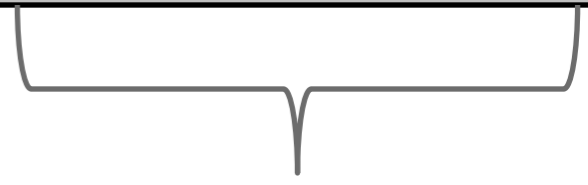
TRUTH
#2



IQ

Technical Skills

EQ



HEAD

+

HEART



Knowing+ Not Knowing



“Faith is taking the first step without being able to see the whole staircase”

--Martin Luther King



Support + Challenge





**How are you
embracing your life as
an adventure?**



**How are you
embracing your life as
an adventure?**

It's your call

